

Sports SUMMER School

for European Higher Education Students

WEEK 1 16th to 20th JULY

COURSE ACTIVITIES

Fitness Activities

Rock climbing

Swimming Pool Activities

Coaching

Surf & Body Board



Sport Sciences School of Rio Maior, Portugal is organizing the 2012 Summer School. We intend to provide European higher education students an excellent opportunity to expand and develop their skills in sport, as well as the dissemination of culture and history of one of the most interesting countries of Europe, Portugal. Activities are interesting and challenging, with high academic and professional value. We aim to provide in each activity, an experience tailored to the level of performance of each participant.

Facts & Figures

- Date: from 16th to 20th July 2012.
- Place: Sport Sciences School of Rio Maior, Portugal.
- Further information: martamartins@esdrm.ipsantarem.pt

FEE: 210 € (includes: activities, certification of participation and insurance)

1 ECTS

ACCOMODATION: Low cost hotel

TRAVEL: has to be covered by the students

**Sport Sciences
School of Rio Maior, Portugal**

International
Mobility Office

Escola Superior
de Desporto de
Rio Maior

[IPSantarém]

